

Dear Parents,

With our Leadership program coming up this weekend, we have some final business to address before camp begins. Please read all the information contained in this e-mail and review it with your son or daughter before camp. We have included information about arrivals and departures, about communicating with your child during the week, a list of what to bring to camp as well as a list of gear for the overnight excursion, and our codes and rules. If you will need loaner gear, contact our Outdoor Program Director Jim Harrison at harrisj@ehc.edu. Let him know exactly what pieces you will need for the trip.

Leaders will register on Saturday morning (July 11) between 9:00-9:30 a.m. in Wiley Hall lobby. Once students have checked-in, the Leaders and parents will head to the Outdoor Building for a brief orientation with Jim Harrison. Students will not receive a class schedule, dorm room assignment, or roommate information until they return from the camping excursion on, July 12.

During the week, all leaders will attend a leadership class in the morning and help with a project in the afternoon. Some of you have already sent roommate requests, but to insure we have not overlooked any of those requests, please e-mail the request again.

Please e-mail all roommate requests to Kelly Espy directly at kespy@ehc.edu. The e-mail should state your child's name, school, year, and roommate request. Also, please indicate that you are a Leader (if your roommate request is a Summer Scholar, please note that as well).

Additionally, before your child comes to camp, we must have a completed health form in our files (see the health form attachment on this e-mail). This form is to help us treat your child in case of an emergency.

Parent Pre-Camp Checklist

- ✓ Have you completed and returned the health form?
- ✓ Have you finished paying the remainder of the camp tuition?
- ✓ Have you e-mailed your child's roommate request to Kelly Espy?
- ✓ Have you given us your most current contact information? (Both an e-mail and phone number that you check regularly).
- ✓ Have you requested loaner camping equipment if necessary?
- ✓ Have you gone over this e-mail with your child?

For questions regarding the content of this e-mail, please e-mail Director Kathy Litton at klitton@ehc.edu or call (276) 619-1265.

We will see you in a few days!

Sincerely,

Kathy Litton

Summer Scholars Leadership 2009

Information for Parents:

Arrival

Leaders should plan on arriving at E&H College Saturday, July 11, between 9-9:30 a.m in the Wiley Hall Lobby. At 10 a.m all Leaders and parents will report to the Outdoor Building to meet with Jim Harrison, Outdoor Director, and prepare for the overnight excursion. All questions about the excursion should be e-mailed to Jim Harrison at harrisj@ehc.edu.

(See www.summerscholars.ehc.edu for a map of the campus).

Departure

Parents are invited to attend a final presentation by some of the Summer Scholars at 12:30-2:30 p.m., Friday, July 17.

Parents are expected to attend the final ceremony in Memorial Chapel from 2:30 p.m. to 4:00 p.m., Friday, July 17, after which you will take your child home.

IMPORTANT:

COMMUNICATION WITH YOUR CHILD WHILE AT CAMP

Parents will be able to contact their Summer Scholar Leader through e-mail or through the USPS mail system by writing to:

Your child's name, Summer Scholars Leadership

P.O. Box 947
c/o Director Katherine Litton
Emory, VA 24327

Any mail that arrives for campers each day will be passed out during their nightly hall meetings with the counselors.

Please keep in mind that Summer Scholars are not allowed to bring cell phones to camp. To be fair, this rule also applies to the Summer Scholar Leaders (see the rules).

Contact Information:

You can contact the Director of Summer Scholars, Kathy Litton at:

Office: 276-944-6490

Cell: 276-619-1265

E-mail: klitton@ehc.edu (this is the best way of reaching me)

Summer Scholars Leadership 2009

What to bring to camp

- ✓ Sheets for a twin bed, a blanket and a pillow
- ✓ Towels (1-2 bath towel/s, hand towel, washcloth, beach towel)
- ✓ Alarm clock
- ✓ Toiletries (toothbrush, toothpaste, brush, shampoo, soap, hair dryer, contact solution)
- ✓ Rain jacket or umbrella
- ✓ Sweatshirt or jacket and one pair of pants for cool nights
- ✓ College-ruled paper, one 3-ring binder with pockets, pens, pencils
- ✓ Comfortable athletic shoes
- ✓ Comfortable and tasteful summer clothing for class (see our dress code)
- ✓ Clothing for sports and recreation (for instance a bathing suit, t-shirts, and shorts)
- ✓ One dressier outfit for the Barter Theater (optional)
- ✓ Spending money for the Emory Mercantile (optional)

Other Suggestions

- ✓ **Shoes for the shower (flip-flops)**
- ✓ **Fan**
- ✓ **Recreational equipment such as baseballs and baseball/softball gloves, tennis racquet and balls, Frisbees, volleyballs, or soccer balls.**

- ✓ **Any item needed for the talent show**
- ✓ **Sunscreen**

DRESS CODE

Scholars, please remember you are representing your school, community, and this organization. Please dress appropriately for the nature of a scholastic camp. We recognize that the weather is hot during July, and we encourage students to wear lightweight summer clothing like t-shirts and shorts. Scholars will participate in a variety of activities at camp for which he or she should have appropriate clothing (clothing for sports and recreation, class, and evening activities). During the day you will be in class, so our expectation is that you will show proper respect for Emory & Henry College, the professors, camp staff and your fellow scholars by wearing modest clothing (this means shorts with a length that falls around mid-thigh, no exposed navels, no clothing with revealing rips or meshwork, no visible undergarments on young men or women, no offensive logos or slogans on any clothing, including hats).

Please leave expensive jewelry, watches, and electronics at home since the college cannot be responsible for an item if it should become lost or stolen.

Gear List for Summer Scholar Leaders '09

Bring any of the following items that are available to you. E-mail Jim Harrison at harrisj@ehc.edu to request loaner items from our Outdoor Program (a refundable deposit may be required).

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| Water bottle: | <u>This item is a must!!</u> Bring some kind of leak-proof water bottle with a one-quart capacity. The soft plastic Nalgene works well. However, in a pinch, a quart Gatorade bottle will work. |
| Backpack: | A well-fitted internal or external frame pack of at least 3000 cubic inches of storage space. |
| Sleeping Pad: | An inflatable Thermarest type pad or foam Ridgerest type pad. |
| Sleeping Bag: | Down or synthetic fill bag rated at 30 degrees or colder. |
| Footwear: | Light hiking boots or trail runners are fine. If you know you have weak ankles, be sure to go for something with ankle support. |

Socks: Don't skimp here. At least two pairs of high quality wool or synthetic/woolblend. Thorlo, InGenius, or Smartwool are examples of respectable brands.

Clothing: Dressing for the backcountry is all about the right layers. AVOID COTTON in all of your layers. Cotton does not insulate once it gets wet.

***Blue jeans are not a part of an effective layering system and will not be permitted.**

PROPER LAYERING FOR THIS TRIP

1. The base layer should consist of light or mid-weight long underwear. Synthetic (polypro.) or high quality wool or silk fabrics work the best (**these need not be expensive and can be found at Wal-Mart**).
2. A pair of quick-drying athletic or hiking type shorts and a t-shirt (synthetic or at least 50/50) make up your next layer. On a cool day or evening, your shorts and t-shirt may be worn over your base layer.
3. The insulating layer we know as the "fuzzy" layer. A 200 or 300 weight polar fleece jacket or pullover, or high quality wool sweater will work well (no cotton sweatshirts).
4. The final layer is the outer or shell layer, and it consists of a rain/wind jacket or parka and similar type pants. The shell layer should be roomy enough to wear over all of your layers.

Other Important Items:

1. Medications! If you need to take medicine (for instance, your inhaler), be sure to pack it.
2. Thin fleece or wool gloves (e.g., lightweight Patagonia Synchronilla) & a fleece or wool cap (must cover ears).

OPTIONAL: Hiking staff or poles, bandanna (cotton ok), Gore-Tex Socks (in damp environs, keep feet warm & dry), pack rain cover, pack towel, camera, binoculars.

Summer Scholars camp rules:

Summer Scholars Golden Rule: Try something new.

RESPECT one another at ALL times (no bullying will be tolerated, no exclusion, no profanity or vulgar behavior, no rudeness-either in remarks or actions).

Show ENTHUSIASM (Camp is meant to be a fun! We are striving for a friendly and pleasant environment for everyone. Leave all attitude problems at home!)

Attend ALL planned activities—students are not permitted in the dorm rooms or any unsupervised area on campus during those times.

Never leave the main campus without supervision.

Stay away from the RAILROAD TRACKS. Only cross the railroad at the designated crosswalk.

Dorms are divided by gender—only girl Summer Scholars are permitted in their dorm Wiley Jackson and only boy Summer Scholars are permitted in their dorm Stewart. **Girls** may not go into the boys' dorm and **Boys** may not go into the girls' dorm.

No Summer Scholar is allowed to be away from his or her dorm hall after lights out.

Drugs, alcoholic beverages, and tobacco products are forbidden on campus.

No cell phones are allowed. Counselors will keep cell phones until the end of the week if they are brought to camp.

The rules above are given to safeguard your child during the week of camp. Many of the rules are also rules of E&H College. Please discuss these rules with your child and encourage your child to follow the rules, and to understand that restrictions are necessary to keep him or her safe, healthy and happy while on campus. If any of these rules are broken during the week, it will be handled by a chain of command starting with his or her counselor and ending with the director of Summer Scholars (depending on the situation). A major violation of the rules may require the removal of your child from our Summer Scholars Institute.

WHAT IF MY CHILD GETS SICK AT CAMP?

During the week of camp, we have a fully licensed campus nurse available for any health situations that may arise.

To properly assess your child's health situation in case of emergency, we must have a completed health form in our files (the health form is attached to this e-mail. Please print the form and return it to us before camp or bring it with you on the day of camp July 11. If your child has a current or recurring medical condition, or is taking medication, please get that information to us before camp begins so we can develop a plan of action).

Please fill this form out with all necessary information, in particular all allergies that your child has, and/or any other potential risks. If your child has diabetes or asthma, please indicate that on the health form as we can monitor that as needed during the week. Additionally, your child must have health insurance coverage before attending camp. If your child does not have health insurance, you must let us know immediately.

Encourage your child to communicate clearly with the head counselor. If your child should become sick during the week, the head counselor will inform the directors of camp and the nurse to determine a course of action. Should sickness prevent your child from participating in camp, we may send your child home.

To insure we are able to reach you in case of emergency, please make certain you have filled in primary contact and a secondary contact (in case we cannot reach the primary) information on the health form. The phone number and e-mail you include should be ones you will check frequently. Please indicate the best way to contact you during that week (phone or e-mail).

Finally, please remind your child that his or her head counselor is trained and available to handle camp situations. All Summer Scholars Leaders should feel comfortable communicating with his or her head counselor in all camp matters. Additionally, we encourage the buddy system on campus (your child's roommate or another Leader is a good choice). Our schedule and activities are arranged to keep students together with adult supervision, but remind your child that he or she should always stay with a group and avoid situations where he or she is alone.